

Crisis Support & Other Resources

Riverside University Health System Behavioral Health

Please note: All RUHS-BH Programs are only available during normal business hours.

Patients' Rights (Provides Advocates to promote and represent patients' rights and interests)

Toll Free: (800) 350-0519

Riverside: (951) 358-4600

Indio: (760) 863-8543

Family Advocate (Provides support to family and caregivers of adults with behavioral health challenges)

Toll Free: (800) 330-4522

Western Region: (951) 358-7655

Mid County Region: (951) 943-1130

Desert Region: (760) 863-8516

Liaison for Mental Health, Detention, Public Guardian, Long Term Care, & Veterans (951) 288-5431

Parent Support and Training (Provides support to family and caregivers of children with behavioral health challenges)

(888) 358-3622

Peer Navigation Line (Provides peer support to individuals with behavioral health challenges)

(888)768-4YOU (4968)

Community Agencies:

Recovery Innovations Voluntary Crisis Stabilization Unit (24/7) (Provides a voluntary 23-hour crisis stabilization services to individuals over 18 with behavioral health challenges)

Locations:

9890 County Farm Road Building 2

Riverside, CA 92505

(951) 509-2499

2500 N Palm Canyon Dr., Suite A4 (Now Accepting Ages 13+)

Palm Springs, CA 92262

(442) 268-7000

Telecare Perris - Mental Health Urgent Care (Provides a voluntary 23-hour crisis stabilization services to individuals over 13 with behavioral health challenges)

Locations:

85 Ramona Expressway, Suites 1-3

Perris, CA, 92571

(951) 349-4195

National Suicide Prevention Lifeline (24/7)

(800) 273-TALK (8255)

Spanish line (888) 628-9454

TTY (800) 799-4TTY (4889)

Veterans Crisis Line (24/7) (VA resource connecting Veterans and their families in crisis with VA professionals)

(800) 273-8255 Press 1

The Trevor Lifeline (24/7) (Provides crisis and suicide prevention services to LGBTQ Youth)

(866) 4-U-TREVOR (88-7386)

HELPLine (24/7) (Provides crisis/suicide intervention services)

(951) 686-HELP (4357)

MY3 Suicide Prevention App available on Google Play and at the App Store for Apple