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Welcome to our crisis resources webpage. In times of crisis, it's important to have access to the right resources and support. We've compiled a list of helpful resources that can provide immediate assistance and guidance during difficult times.

IF YOU OR SOMEONE YOU KNOW IS EXPERIENCING A PSYCHIATRIC EMERGENCY CALL 9-1-1 IMMEDIATELY, OR GO TO THE NEAREST EMERGENCY ROOM.

24/7 Mental Health Urgent Care

Provides 24/7 urgent care mental health screening and assessment services and medications to address the needs of those in crisis in a safe, efficient, trauma-informed, and least-restrictive setting.

Riverside

9990 County Farm Rd.

Riverside, CA 92503

951-509-2499

Palm Springs

2500 N. Palm Canyon Drive, Suite A1-A4

Palm Springs, 92262

760-424-5602

Perris

85 Ramona Expressway, Suites 1-3

Perris, CA 92571

951-349-4195

988 Suicide and Crisis Lifeline

The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States. Call, text or chat online to speak to a trained counselor.

HELPLine - 24 Hour Crisis/Suicide Intervention

The HELPLine is a free, confidential Crisis/Suicide Intervention service. Operated by highly trained volunteers, the line is open 24-hours a day, seven days a week.

Phone: (951) 686-HELP (4357)

National Suicide Prevention Lifeline

By calling 1-800-273-TALK (8255) you'll be connected to a skilled, trained counselor at a crisis center in your area, **anytime 24/7**.

Phone: (800) 273-TALK (800-273-8255)

Spanish line: (888) 628-9454

TTY: (800) 799-4TTY (4889)

Veterans Crisis Line

The Veterans Crisis Line is a Department of Veterans Affairs (VA) resource that connects Veterans in crisis or their families and friends with qualified, caring VA professionals. Confidential support is available 24 hours a day, 7 days a week.

Phone: (800)-273-8255 *Press 1*

The Trevor Lifeline

National organization providing crisis and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) Youth

(866) 4-U-TREVOR (866-488-7386)

EMERGENCY PSYCHIATRIC HOSPITALS AFFILIATED WITH RUHS-BH

Riverside University Health System Medical Center Emergency Treatment Services (ETS)

Provides psychiatric emergency services 24 hours a day, 7 days a week for all ages, which includes evaluation, crisis intervention, and referrals for psychiatric hospitalization, as needed for adults, children, and adolescents. Consumers may be referred to the Inpatient Treatment Facility (ITF) or other private hospitals.

9990 County Farm Road, Ste. 4

Riverside, CA 92503

Phone: (951) 358-4881

Se Habla Español

Telecare Riverside Crisis Stabilization Services

Provides psychiatric emergency assessment and crisis stabilization for up to 24 hours for all ages. Services include evaluations, crisis intervention and referral for psychiatric hospitalization. Telecare Riverside Crisis Stabilization Services operate 24 hours a day, 7 days a week. This facility is also a 5150 provider.

47-825 Oasis Street

Indio, CA 92201

Phone: (760) 863-8600 or (760) 863-8455

Se Habla Español

